

8 Common Essential Oils

and the Everyday Products They Can Replace



Deep Blue

Lavender

Oregano

Breathe

DigestZen

Lemon

Melaleuca

Peppermint

Ben Gay
Aleve
Tylenol
Motrin

Neosporin
Elidel
Motrin
Aleve
Tylenol
Pepto Bismol
Imodium AD
Solarcaine
Ear Drops

Freeze Away
NyQuil
DayQuil
Tums
Tylenol
Aleve
Pepto Bismol
Mylanta

NyQuil
DayQuil
Benadryl
Vaporizer
Refills
Mentholatum
Shower
Soothers

Imodium AD
Pepto Bismol
Tums
Mylanta

Tylenol
Motrin
Children's
Motrin
Children's
Tylenol
Tums
Ear Drops
Imodium AD
Pepto Bismol
Mylanta

Ear Drops
Dandruff
Shampoo
Elidel
Chloraseptic
NyQuil D
DayQuil
Ricola
Neosporin

Pepto Bismol
Imodium AD
Tums
Motrin
Tylenol
Aleve
NyQuil
DayQuil
Mentholatum
Shower
Soothers
Tylenol Cold
Ear Drops